## BENEFITS AND VALUE FROM THERAPY/COACHING

Name:	Date:
I ONE BRIEF SENTENCE, PLEASE EVALUATE THE BENEFITS, EXPERIENCED AS A RESULT OF THE S	POSITIVE CHANGES, AND VALUE YOU HAVE RECEIVED A SESSIONS WITH DR. LETICIA SO FAR.
ate the scale from 1 to 10. 10 being the most transformativ	re.
BEFORE	NOW
State of Mind:	State of Mind:
Emotional State:	Emotional State:
State of Self-Awareness:	State of Self-Awareness:
State of Self-Worth:	State of Self-Worth:
State of Self-Appreciation:	State of Self-Appreciation:
State of Trust in Self:	State of Trust in Self:
State of Hope That Life Can Be Better:	State of Hope That Life Can Be Better:
Who else has benefited from your transformation?	How?
How much value have you received from your sessions? Check which one applies and Explain:	☐ I expected more. ☐ I expected less. ☐ I expected what I got.
How do you rate the price you paid for your sessions? Check which one applies and Explain:	☐ I expected to pay less. ☐ I expected to pay more☐ I would happily pay more. ☐ I got a huge bargain.
How well would and why you recommend or refer people	to Dr. Leticia? 🔲 I would. 🔲 I would not.
How well would and why you recommend or refer people	to Dr. Leticia?